



410-749-1142
Fax 410-742-9191
www.shoreup.org

PR Contact:

Alicia Robinson
Planning Coordinator
410-749-1142, ext. 324
arobinson@shoreup.org

Program Contact:

Shirlee Chase
Early Head Start Director
410-901-2015, ext. 14
schase@shoreup.org

NEWS FROM SHORE UP!

For Immediate Release

January 20, 2011

**EARLY HEAD START PROGRAM RECRUITING
DORCHESTER COUNTY PARTICIPANTS**

SALISBURY, MD—SHORE UP!'s Early Head Start Program in Dorchester County is recruiting eligible families to receive services at no cost to participants. To qualify, applicants must live in Dorchester County, meet income guidelines, and be a parent of a child ages newborn to three years old or be pregnant.

In the Early Head Start Program SHORE UP! staff visit parents in their home to help them make the home and its surroundings a learning environment for their children and to encourage the parents to engage in educational activities with their children. Early Head Start staff also educates families about nutrition and the importance of health and developmental screenings; a staff person can arrange for health and dental check-ups for the children. Families with disabled children are encouraged to apply for the program.

During home visits to pregnant women, Early Head Start staff determines the woman's status in regard to prenatal issues, fetal development, labor and delivery, postpartum recovery, and breastfeeding. Parents receive education on these matters and staff also makes referrals to agencies that can help the woman. In addition, pregnant women receive instruction on how to care for an infant.

Many children in the Early Head Start Program transition to the Head Start Program, which provides comprehensive services to children ages 3-5 and their families while preparing the children for kindergarten. In Dorchester County there is a Head Start Center in Hurlock and in Cambridge (the St. Clair Head Start Center).

At SHORE UP! Inc., no person shall on the grounds of race, color, religion, age, sex, national origin, ancestry, or disability, be excluded from participation in, be denied benefits of or otherwise be subject to discrimination in the provision of any care, service or admission.

For more information about Early Head Start in Dorchester County, please call 410-901-2015, ext. 14.

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Please Note:

SHORE UP! is an acronym (Self-Help On Rural Economics & Urban Problems) and should be printed in all capital letters. Thank you.