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**NEWS FROM SHORE UP!**

**ADULT DAY SERVICES CAN HELP CARE FOR  
ELDERLY AND DISABLED**

**For Immediate Release**

March 15, 2011

SALISBURY, MD—Need assistance caring for an elderly or disabled loved one during the day? SHORE UP! Inc. can help. The agency's two Adult Day Services centers, one in Wicomico County and one in Somerset County, are both currently recruiting participants,. These centers provide services to help avoid or delay nursing home placement for the area's elderly and disabled.

The Adult Day Services Centers serve physically or mentally challenged adults age 16 or older who need medical supervision and social stimulation. At each facility, a team of professionals works together to meet the physical, medical, psychological and social needs of the participant and his/her family. A Registered Nurse is on duty at each site. Adult Day Services strives to lessen the burden of care-giving, support the family and promote independence.

For more information, please call Adult Day Services Project Director Madeline Waters at 443-523-0050.

At SHORE UP! Inc. no person shall, on the grounds of race, color, religion, age, sex, national origin, ancestry, or disability, be excluded from participation in, be denied benefits of or otherwise be subject to discrimination in the provision of any care, service or admission.

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***Please Note:***

*SHORE UP! is an acronym (Self-Help On Rural Economics & Urban Problems) and should be printed in all capital letters. Thank you.*